

COVID-19 has been difficult for everyone- personally and professionally. What can you do to help care for the mental health of others, while also caring for yourself?

# Mental Health Matters: Caring for Yourself and Others through COVID

Join us for a Zoom presentation with Amy Turnbull-Drilingas, Director of Intake and Admission at Southeast Behavioral Health to learn more!

February 4, 2021 @ 6 p.m.

Register HERE:

[https://us02web.zoom.us/webinar/register/  
WN\\_Cx5WLioJQ3a19-vz3lj4Rw](https://us02web.zoom.us/webinar/register/WN_Cx5WLioJQ3a19-vz3lj4Rw)

Free Webinar for Medical/Health Students. Sponsored by MAHEC, SEMO AHEC, and HRSA COVID-19 Cares Act Funding.

